

Roll No. _____

Essay

Time Allowed: 1½ hrs.

Max. Marks: 125

Instructions to Candidate

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- Attempt one essay
- The test carries 125 marks.
- Write the essay in about 1000-1200 words.
- Any page left blank in the answer-book must be crossed out clearly.

(Examiner will pay special attention to the candidate's grasp of his/her material, its relevance to the subject chosen, and to his/ her ability to think constructively and to present his/her ideas concisely, logically and effectively).

Remarks

1. Invigilator Signature _____

2. Invigilator Signature _____

Name SWARNIL KHARE

Mobile No. _____

Date 17/09/2016

Signature Swarnil Khare

- 1. Success is not the key to happiness; happiness is the key to success.
- 2. If you know the enemy and know yourself you need not fear the result of a hundred battles.

SUCCESS IS NOT THE KEY TO HAPPINESS; HAPPINESS IS THE KEY TO SUCCESS

Success & good are subjective. They are good both. This definition is flawed.

What is good?

Success can be understood as an accomplishment of good outcomes. These good outcomes can be in the spheres of economics, education and academics, administration and nation building. Happiness is a sustained feeling of good and positive outcomes emotions as against negative and unenjoyable ones. It is generally assumed that success and happiness are directly

correlated. Thus, people often assume that those at the pinnacle of success are also happy. This makes people believe that success is the key to happiness. However, many celebrities who were at the pinnacle of success, such as Cate

Robert committed suicide indicating that despite being successful, they were not happy. On the other hand, we have examples of many successful people who achieved a lot because they were happy and enjoyed doing what they were doing - Steve Jobs and Sachin Tendulkar being just two of many such people. Thus, success is not the key to happiness, but success is happiness is the key to success. In the paragraphs that follow, we will look at the reasons for this and also look at various examples from history and sectors like society, economy, education and administration and nation building to illustrate the point. Let us first look at examples from India's past.

The Lyttra period was called the

Remarks

Write in third person

golden age. It was an age of prosperity, well being and general happiness. This led to individuals like Aryabhata to achieve great success in the field of astronomy and mathematics. On the other hand, the period under Shungzes was characterized by absence of happiness. There was neglect of agriculture and traditional industry. There was also religious persecution. This lack of happiness led to a period of almost no innovation and no artistic fervour in India's history. This lack of innovation set the stage for the Europeans to colonize India - a country which once exported knowledge of mathematics and philosophy to the same Europeans. The above seems to indicate that happiness is the key to success and success is difficult without happiness. Similarly, success of Mughals in the

Remarks

field of architecture could not bring happiness to the masses. This indicates that success is not the key to happiness. Now let us look at the reasons which make happiness a key to success but success not a guarantee of happiness.

Happiness is a key to success because those who are happy work ~~under~~ guided by an internal motivation to achieve what they desire. They are not propelled by external motivation of fear or the mad rush for success. Further, happiness induces positivity and not negative feelings such as greed and desperation. This feeling of positivity is essential for success. Also, success creates limitations for a person to enjoy his/her life if person at the pinnacle

Remarks

highly
 Conditional
 Statement not
 a universal truth.

It doesn't indicate anything futile example

If success hardly has any time to enjoy the finer things of life be it spending time with family or going for a jog in the park. Also, success brings it with the struggle to remain at the top which induces stress and makes happiness very difficult to achieve. This manifest itself at the individual level and also at the ~~societal~~ level.

Those individuals who are successful may actually be the most unhappy people in the world. They often suffer from depression, have suicidal tendencies and are prone to mental diseases. The "suicide 26" is a group of musicians who committed suicide at the age of 26 due to the unhappiness that accompanied

Remarks

There is no such term. There is club 27 with Kurt Cobain as most famous member, but he is a wrong

their success. High paying urban young professionals (Yuppies) also suffer from such issues. However, there are individuals like Mark Zuckerberg and Jeff Bezos who remained motivated as they were enjoying what they were doing and achieved success. This illustrates that happiness is the key to success but success is not the key to happiness. This is also reflected at the economic level. So let us look at examples from the economic sector.

Citizens of countries which are considered successful may not necessarily be happy. Countries like US, UK and other countries from the European world have high GDP per capita but the people in these countries are far from happy and these countries are thus

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example, others include people
dead in accident, murdered, etc too
so, not a good example
overall.

Confusing

marked by high rates of suicide, depression
 and divorce similarly, corporates which are
 successful but do not care about their
 employees often have an unhappy or dissatisfied
 workforce. On the other hand, corporates like
 Google invest a lot on employees and
thus are extremely successful due to their
motivated employees. Similarly good industry-
 labour relations and labour welfare and
 happiness is necessary for the sector to
 do well; else it may lead to successful
 companies facing strikes as happened in
 Mauritius. However, these examples are not limited
 to the economic sphere and administration
 too can benefit from this phenomenon.

Good example

Remarks

How do you know?

An administrator who is happy works with an internal motivation towards the good of society. This leads to best possible outcomes. Administrators like E. Sreedharan, Vinod Rai were extremely successful as they enjoyed their work. On the other hand, if an administrator is successful, but is burdened by expectations, the outcomes may not necessarily be the most optimal. Add to this the presence of sticking to rules and guidelines and the fear of being prosecuted under Provisions of Corruption Act, the unhappiness of the administrator is almost guaranteed. The same also applies in the field of education.

Remarks

Those schools where students are promoted to enjoy the process of education and remain happy in the class are often the schools which get the best results. Similarly, students who are overburdened with coachings, extra classes, hobby classes and so on, may achieve success, but will remain unhappy in the process.

Similarly, those sportsmen who enjoy the process and are happy when they play after achieve success. Michael Phelps, one of the most successful olympians ever said, "I enjoy being in the water, water is like second nature to me." However, after achieving success, retaining it becomes difficult and

Remarks

such sportsman come under great stress.
 The same Michael Phelps also said
 after being successful "I hated being in
 the pool, I hated training". He was also
 given a ticket for drunken driving during
 this period. This illustrates that happiness
 is the key to success but success is not
 the key to happiness.

Having looked at the above argument, it
 may be said that in certain cases, one may
 have to give up happiness temporarily to
achieve success. Thus, a student may have
 to give up video games, binge watching TV
 series and partying if he or she wants to
 be successful. Often the citizens of a
 country have to suffer for a country to

Remarks

achieve greatness. Citizens of Japan have made great sacrifices in the past, but the fruits of their sacrifices are being enjoyed by the present generation. However, the happiness that one has to give up is either for a short time or hedonistic happiness which is anyway an antithesis to long term happiness.

Thus, given the importance of happiness in success, the society must start to focus on happiness than on results. Measuring happiness of a country through GNH instead of material prosperity through GDP can be a good first step. creation of a happiness ministry can be another way of promoting happiness. This has already taken place in Bhutan, Saudi

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Arabs and even ⁱⁿ the state of Madhya Pradesh individuals too must slow down the pace of their life and enjoy the process rather than chasing success.

We have looked at the various reasons due to which happiness is the key to success but success is not a key to happiness. We also looked at various illustrations from various sectors which supported the argument. The society at present places a lot of emphasis on success, even if it comes at the cost of happiness. Thus, students and working people work towards higher grade and salaries respectively even if this makes the process full of unhappiness. There needs to

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be a change in the way the society
perceives success and happiness. Both the
society and the individual should chase

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happiness and not success which will
follow if one follows one's true calling in
life.

Structure is
OK,
essay
could have
been
much
better

Major Issues

- * Confusing language
- * Wrong examples
- * Wrong Interpretations

Remarks